

"FINDING TIME FOR WHAT MATTERS MOST"

Margin Study - Part 2 - 19 Sep 2004

WPC Spiritual Fitness Sunday School Class

So be careful how you live. Live as men who are wise and not foolish. Make the best use of your time. These are sinful days. Do not be foolish. Understand what the Lord wants you to do.

Ephesians 5:15-17

Senate Subcommittee Report in 1967

- people by '85 work 22 hrs / wk
- 27 weeks / year
- retire by age 38

Everything takes longer than it does.

Average work outside the home

- men work 48 hours / week
- women work 41 hours / week
- record levels of moonlighting

We are living in time famine! What does this do to our relationships?

Chronos: linear time / where we live / clocks and watches / our schedules and day planners

Kairos: meaningful / significant time / quality time / where Jesus lived

"They are only home a season. Take the Time!"



1- Expect the Unexpected

"No" is a holy word.

2- Create some buffer zones

3- Learn to say NO

4- Turn off the TV

5- Enjoy anticipation

6- Prune the activity branches of our life

7- Practice simplicity and contentment

Don't turn over the agenda of your life to the world

We have 24 hours a day: We make eternal choices dividing it between things and people